



Inside Out

Choreographie: Roy Hadisubroto
Beschreibung: 32 Count, 4 Wall, Counter Clockwise, Lilt (ECS), Novice
Musik: "Inside Out" by Love And Theft

SAILOR STEP 2X, TOUCH, CROSS OVER 2X

1&2 RF Cross behind, LF Step L, RF Step R
3&4 LF Cross behind, RF Step R, LF Step L
5-6 RF Touch R, RF Cross over
7-8 LF Touch L, LF Cross over

ROCK STEP, SHUFFLE STEP ½ TURN, X2

1-2 RF Step forward, LF Recover weight
3&4 RF ¼ Turn R, step R (3.00), LF Step together, RF ¼ Turn R, step forward (6.00)
5-6 LF Step forward, RF Recover weight
7&8 LF ¼ Turn L, step L (3.00), RF Step together, LF ¼ Turn L, step forward (12.00)

CHASSE, ROCK STEP, CHASSE, CROSS OVER, ¼ TURN L, FORWARD

1&2 RF Step R, LF Step together, RF Step R
3-4 LF Step diagonally R forward, RF Recover weight
5&6 LF Step L, RF Step together, LF Step L
7-8 RF Cross over, LF ¼ Turn L, step forward (9.00)

TOUCH TOGETHER 2X, KICK TOGETHER 2X, KICK BALL STEP 2X

1&2 RF Touch R, RF Step together, LF Touch L
&3&4 LF Step together, RF Kick forward, RF Step together, LF Kick forward
&5&6 LF Step together, RF Kick forward, RF Step together on ball, LF Step forward
7&8 RF Kick forward, RF Step together on ball, LF Step forward

Wiederholung bis zum Ende